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WORDS

As a child my mother used to say, "If you can't say something good, don't say anything at all."  
That is a wonderful character trait!

We can always find the bad in things. We can look at others and point out their faults, and even look at ourselves and continuously beat ourselves up with negative thinking. The scripture tells us in Proverbs 23a, "*For as he thinketh in his heart, so is he...*" In other words, we become what we think about.

If we dwell on the negatives that we see and hear daily, we will certainly become negative. If we dwell on the positives which are found in God's word, we will be positive thinkers.

Yes, my friends, there are a lot of evil things in the world, and even perhaps in your own lives, but we can change the world one person at a time.

Look at it this way. No one wants a bitter taste in their mouth, we like sweet things. Yet, if we speak bitter things our mouth will become bitter.

So, let us stay with sweet things, kind things, things that build each other up and not tear down.

What if we had to eat the very words we spoke a week, a month, or a year ago for dinner today? Would that taste of those words be bitter or sweet? It is a challenge to walk in love, but God has asked us to do that.

Let us clean up our bitter words with words of love. Let us truly take time to bless and be a blessing.